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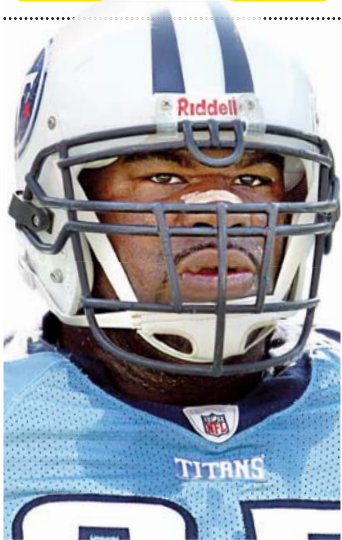
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Wednesday



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FOR EXTENDED FORECAST, SEE PAGE 37

SEPTEMBER 8, 2010 | A PUBLICATION OF The Washington Post | NEWS, ENTERTAINMENT, ARTS, LIFESTYLES | FREE DAILY

PLAYING WITH FIRE

Facing death threats and global scorn, a Florida pastor who preaches Islam is evil stands by his plan to burn the Koran **11**

eo

EYE OPENERS

Exciting New Thing Is Actually Neither

The University of Baltimore is offering a class on zombies. Students taking English 333 will watch 16 films and read comics on the topic, then write or storyboard a zombie flick for the final. Columbia College in Chicago has had a similar course for years, and at Simpson College in Iowa, students spent spring semester writing a book, "The History of the Great Zombie War." (AP)

"My fingers are burnt, my feet are sore, and my wrist is painful. But it doesn't matter; I'm going to party now."

— CHRIS VERSCHUEREN, A BELGIAN BUSINESS OWNER WHO BROKE A WORLD RECORD BY MAKING FRENCH FRIES FOR 83 CONSECUTIVE HOURS. HE TOOK A 100-MINUTE BREAK.



Flag Thing Works Only on Moon Or on Mountains

San Francisco police have arrested a man who scaled the exterior of a 58-story skyscraper and unfurled an American flag at the top. The man is veteran skyscraper climber Dan Goodwin, who has also summited Chicago's Sears Tower. Goodwin used suction cups but no ropes to scale Millennium Tower, a 645-foot-tall residential building. Police say he ignored orders to stop climbing, reaching the top in about three hours. (AP)

The Big Picture



EDWARD NINO HERNANDEZ, of Colombia, has been certified as the world's shortest living man by Guinness World Records, measuring 27 inches tall. The previous titleholder was China's He Pingping, who died March 13. But victory is short-lived: A 22-inch-tall Nepalese teen is expected to take the title after he turns 18 Oct. 14. (AP)

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In Brief



ERIC GAY/AP

Melodie Tamyl cleans up after Tropical Storm Hermine swept through Texas.

RAYMONDVILLE, TEXAS

Hermine Lashes Texas

Tropical Storm Hermine gave a wet and windy punch to Texas on Tuesday but left only minor scrapes in the storm-weary Rio Grande Valley, which is proving resilient this hurricane season after taking a third tropical system on the chin. Hermine lost steam after crossing into Texas with tropical storm strength. (AP)

CHICAGO

Chicago Mayor Daley Not Seeking Re-election

Chicago Mayor Richard M. Daley, who has presided over the nation's third-largest city for 21 years, like his father did before him, announced Tuesday that he will not run for a seventh term, saying the time "just feels right." Daley, 68, said he had been thinking about not running for several months and became comfortable with his decision over the past several weeks. (AP)

Dems Control a House of Cards

Trailing in the polls, Obama-led party is forced to play defense

Washington

Their control of the House in peril, Democrats are playing defense all across the country. Disgruntled voters, a sluggish economy and vanishing enthusiasm for President Obama have put 75 seats or more — the vast majority held by Democrats — at risk of changing hands.

The party could become a victim of its own successes during the past two elections, when candidates were swept into power by antipathy for President George W. Bush and ardor for Obama. Now, eight weeks from Election Day, the Democrats are bracing for the virtual certainty of lost House seats and scrambling to hold back a wave that could hand the GOP the 40 it needs to command a majority.

Obama, grasping for a way to turn the tide, on Wednesday plans to propose \$30 billion in new investment tax breaks for businesses to go along with tens of billions in spending he called for on Labor Day to invigorate the slow recovery. But even if Congress acts on the requests — a long shot in a highly charged political season — there's little time left for Democrats to sal-



GETTY IMAGES/EXPRESS ILLUSTRATION

LEADERSHIP SCENARIOS

1. Republicans win the House, Democrats keep the Senate Rep.

John A. Boehner, R-Ohio, as House speaker, would lead a Republican agenda that could include further tax cuts, an attempt to repeal or modify the health care reform law, and a rollback of Wall Street regulations.

2. Republicans win the Senate, Democrats keep the House This

scenario would pit the new Senate majority leader, Mitch McConnell, R-Ky., against House Speaker Nancy Pelosi, D-Calif. McConnell would face the task of herding a divergent GOP while Pelosi would face pressure to ditch liberal priorities such as climate change that nearly sunk the party.

3. Republicans win the House and Senate It could take months to sort out which version of the party will emerge as dominant: the Republican establishment or the more ideological and rigid new guard.

4. Democrats retain control of the House and Senate The shock of nearly losing power would temper Democrats' legislative ambition.

(THE WASHINGTON POST)

vage their election chances.

With Obama's popularity slumping and the party demoralized, dozens of first- and second-term Democrats as well as longer-serving congressmen who haven't faced serious challenges in years are toiling to hold onto their jobs in places that tend to prefer Republicans. And polls show independent voters leaning toward the GOP.

When asked which party they want to control Congress, voters are split or leaning toward Republicans, national surveys say. Perhaps even more ominously for Democrats, voters are overwhelmingly sour about national issues, especially the economy.

More than 60 percent said the nation was in a state of decline and on the wrong track in the latest Wall Street Journal/NBC News poll, in which voters likely to turn out in November gave Republicans a gaping nine-point edge when asked which party they wanted to control Congress.

It's no wonder that Republicans are confidently predicting Democrats' defeat.

"Republicans have the intensity," said Rep. Kevin McCarthy, R-Calif., head recruiter for House GOP candidates. "The map is growing by the day."

JULIE HIRSCHFELD DAVIS (AP)

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Nation

Wildfires Scorch Colo.

Firefighters work to beef up efforts as blaze doubles in size

Boulder, Colo.

David Myers knew it was time to leave when he looked out into the forest and spotted bright red flames towering skyward. Then came a blinding cloud of smoke and a deafening roar as the fire ripped through the wilderness.

"You can hear just this consumption of fuel, just crackling and burning. And the hardest thing is ... you couldn't see it because at the point the smoke was that thick," he said.

Myers was among about 3,500 people who desperately fled the fire after it erupted in a tinder-dry canyon northwest of Boulder on Monday and swallowed up dozens of homes. Residents packed everything they could into their cars and sped down narrow, winding roads to safety, encountering a vicious firestorm that melted the bumper of one couple's van.

Hans Rohner uses binoculars Tuesday to watch the wildfire outside of Boulder, Colo.

Gov. Bill Ritter declared a state of emergency Tuesday as officials nearly doubled the fire's estimated size to more than 7,100 acres, or 11 square miles. At one point the plume from the fire could be seen in Wyoming, 90 miles to the north.

Authorities investigated reports that the fire started when a car crashed into a propane tank. They are also trying to figure out why an automated phone alert system failed for two hours during the evacuation, forcing authorities to

go door-to-door to search for people in harm's way.

The fire caused no known injuries as residents appeared to get out in time. But many spent Tuesday in shelters wondering if their homes still existed. Boulder County Sheriff Joe Pelle said nine volunteer firefighters were among those who lost their homes. Winds pushed the fire through three canyons where disease, drought and beetles have killed pine trees. DAN ELLIOTT AND P. SOLOMON BANDA (AP)

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Nation

Study: U.S. Can't Stop Lighting Up

Atlanta

U.S. smoking rates continue to hold steady, at about one in five adults lighting up regularly, frustrated health officials reported Tuesday.

About 21 percent of U.S. adults were smokers in 2009, about the same percentage as the year before, according to the Centers for Disease Control and Prevention. The smoking rate — which fell dramatically since the 1960s — has basically been flat since about 2004.

Teen smoking, at nearly 20 percent, has not been improving lately, either. Health officials believe they've lost momentum because of cuts to anti-tobacco campaigns and shrewd marketing by cigarette companies. The new report suggests that more than 46 million American adults still smoke cigarettes.

"It's tragic," said CDC director Dr. Thomas Frieden, who



GARETH CATT/MOLEGETTY IMAGES

A report says the U.S. smoking rate flatlined in 2004, and more than 46 million smoke.

calls smoking the No. 1 preventable cause of death in the United States. He estimates that smoking kills 1,000 Americans a day.

Some experts were particularly disheartened by a CDC finding in a second report that nearly all children who live with a smoker — 98 percent — have measurable

tobacco toxins in their body.

Experts say tobacco taxes and smoking bans are driving down rates in some states. But nationwide, they say, progress has been halted by tobacco company discounts or lack of funding for programs to discourage smoking or to help smokers quit. **MIKE STOBBE (AP)**

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Skin Afflictions Besiege Miners

Limited cleanliness, constant humidity add to health issues

San Jose Mine, Chile

Rescuers have sent down antibiotics and ointments and were working Tuesday to blast cool, dry air to 33 miners trapped a half-mile underground for more than a month. All the men have suffered from skin sores, foot fungi or abrasions, and infections could prove dangerous in the sweltering heat and humidity, with rescue at least six weeks away.

Scrapes, cuts and infections like athlete's foot and jock itch are usually just minor annoyances. But trapped as they are in unrelenting 86-degree heat, with humidity at 88 percent, the miners don't have any way of drying out. In videos transmitted from down below, the miners can be seen shirtless and sweating. In such an environment, any open wound presents a serious risk, so the miners have been instructed to use extreme caution. A simple cut from moving rocks could lead to dangerous infections, Chilean Health Minister Jaime Manalich told the Associated Press. Most at risk are diabetics, who



A miner walks past a Chilean flag outside the collapsed San Jose mine Tuesday.

face increased complications from skin infections under the best circumstances. There is at least one diabetic among the trapped miners, who has been receiving insulin through the narrow bore holes. The constant exposure to moisture creates the possibility of infections, especially when the men are living and sleeping together in close quarters and can't shower, according to Dr. Boni Elewski, a dermatology professor at the University of Alabama, Birmingham. "The longer they are there in this situation, the higher the risk that someone will develop a serious skin problem," she said. PETER PRENGAMAN (AP)

In Brief

TOKYO
Captured Reporter Used Twitter To Send Message

A Japanese journalist held hostage in Afghanistan for five months managed to send out a message via Twitter that he was alive when his captors asked him how to use a cell phone. Just days before he was freed, Kosuke Tsuneoka said one of the militants brought him his new cell phone and asked the prisoner to set it up. Tsuneoka shifted his attention to Twitter, successfully using it to tweet. (AP)

BAGHDAD
Uniformed Gunman Kills Two U.S. Soldiers in Iraq

The U.S. military says a gunman wearing an Iraqi army uniform killed two American soldiers in northern Iraq. A military statement says the Americans were among a group of U.S. soldiers meeting with Iraqi security forces Tuesday at an Iraqi army compound near the city of Tuz Khormato, about 130 miles north of Baghdad. (AP)

TOKYO
Japan Confirms First Case of Superbug Gene

Japan has confirmed the nation's first case of a new gene in bacteria that allows the microorganisms to become drug-resistant superbugs, detected in a man who had medical treatment in India, a Health Ministry official said Tuesday. The gene, known as NDM-1, was found in a Japanese man in his 50s. (AP)

TANAH KARO, INDONESIA
Volcano Erupts Again

An Indonesian volcano shot a towering cloud of black ash high into the air Tuesday, dusting villages 15 miles away in its most powerful eruption since awakening last week from four centuries of dormancy. Some witnesses at the foot of Mount Sinabung reported seeing an orange glow in cracks along the volcano's slopes for the first time. (AP)

Mozambique Gov't Reverses Bread Prices

Maputo, Mozambique

Mozambique's government is reversing bread and water price increases that had touched off deadly riots, the planning minister said Tuesday. Protests last week in the capital, Maputo, over hikes in the costs of bread, water and electricity turned violent, with demonstrators clashing with police. The health department put the death toll at 13. Planning Minister Aiuba Cuere-neia told reporters that a loaf will cost about 14 cents. He said an increase in the price of water also would be reversed but that high electricity tariffs will remain. (AP)

Hearsay

"This is barbaric beyond words."

— EUROPEAN COMMISSION PRESIDENT JOSE MANUEL BARROSO, CONDEMNING TUESDAY THE STONING SENTENCE THAT PASSED FOR THE IRANIAN WOMAN CONVICTED OF ADULTERY.



Millions are struggling to get to work after a strike by London Underground workers shut down much of the city's subway system.

Strikes Hint at Europe Backlash

Paris

French strikers disrupted trains and planes, hospitals and mail delivery Tuesday amid massive street protests over plans to raise the retirement age. Across the English Channel, London subway workers unhappy with staff cuts walked off the job. The protests look like the prelude to a season of strikes in Europe, from Spain to the Czech

Republic, as heavily indebted governments cut costs and chip away at some cherished but costly benefits that underpin the European good life — a scaling-back process that has gained urgency with Greece's \$140 billion bailout. In France, where people poured into the streets in 220 cities, setting off flares and beating drums, a banner in the southern port city of Marseille called for Europe-wide solidarity: "Let's Refuse Austerity

Plans!" The Interior Ministry said more than 1.1 million people demonstrated throughout France, while the CFDT union put the number at 2.5 million. French protesters are angry about the government's plan to do away with the near-sacred promise of retirement at 60, forcing people to work until 62. The goal is to bring the money-draining pension system back into the black by 2018. ANGELA DOLAND (AP)

The Tale of Two Marinas

Egyptian coastal area boasts newly opened ancient city

Marina, Egypt

Today, it's a sprawl of luxury vacation homes where Egypt's wealthy play on the white beaches of the Mediterranean coast. But 2,000 years ago, this was a thriving Greco-Roman port city, boasting villas of merchants who grew rich on the wheat and olive trade.

The ancient city, known as Leukaspis or Antiphras, was hidden for centuries after it was nearly wiped out by a fourth-century tsunami that devastated the region.

More recently, it was nearly buried under the modern resort of Marina in a development craze that turned this coast into the summer playground for Egypt's elite.

Nearly 25 years after the city's discovery, Egyptian authorities are preparing to open ancient Leukaspis' tombs, villas and city streets to visitors — a rare example of a



The ancient city of Leukaspis was nearly buried under the resort of Marina, in Egypt.

Classical era city in a country better known for its pyramids and Pharaonic temples.

"Visitors can go to understand how people lived back then, how they built their graves, lived in villas or traded in the main agora [square]," said Ahmed Amin, the local inspector for the antiquities department. "Everyone's heard of the resort Marina; now they will know the historic Marina."

The history of the two Mari-

nas is inextricably linked. When Chinese engineers began cutting into the sandy coast to build the roads for the new resort in 1986, they struck the ancient tombs and houses.

Greek columns and bright limestone walls up to six feet high stand in some places. Visitors can climb down the steep shafts of the rock-cut tombs to the deeply buried burial chambers of the city's necropolis. **PAUL SCHEMM (AP)**

ARTIFACTS

Iraqi officials displayed hundreds of recovered artifacts Tuesday that were among the country's looted heritage and span the ages from a 4,400-year-old statue of a Sumerian king to a chrome-plated AK-47, left, bearing the image of Saddam Hussein. The 542 pieces are among the most recent artifacts recovered from a frenzy of looting at Iraqi museums and archaeological sites after the 2003 U.S.-led invasion and in earlier years of war. (AP)



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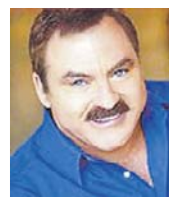


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Pastor's Burning Desire

A Florida minister refused to back down from plans to burn copies of the Koran

Gainesville, Fla.

A Christian minister said Tuesday that he will go ahead with plans to burn copies of the Koran to protest the Sept. 11 terrorist attacks despite warnings from the top U.S. general in Afghanistan and the White House that doing so would endanger U.S. troops.

Pastor Terry Jones of the Dove World Outreach Center said he understands the government's concerns but plans to go forward with the burning this Saturday, the ninth anniversary of the attacks.

He left the door open to change his mind, however, saying that he is still praying about his decision.

State Department spokesman P.J. Crowley echoed a warning from Gen. David Petraeus, calling the plan to burn copies of the Koran "un-American" and saying it does not represent the views of most people in the U.S.

"While it may well be within someone's rights to take this action, we hope cooler heads will prevail," Crowley said. He said burning copies of the Koran would be "inconsistent with the values of religious tolerance and religious freedom," and potentially puts the lives of U.S. soldiers and diplomats at risk.

Jones, who runs the small, evangelical Christian church with an anti-Islam philosophy, says he has received more than 100 death threats and has started wearing a .40-caliber pistol strapped to his hip.

The threats started not long after the 58-year-old minister proclaimed in July that he would stage "International Burn a Koran Day." Supporters have been mailing copies of the Islamic holy text to his Dove World Outreach Center to be incinerated in a bonfire that evening.

The fire department has denied Jones a



An Afghan protester burns a portrait of pastor Terry Jones Monday in Kabul during a demonstration against Jones' plans to burn the Koran on Saturday.

required burn permit for Saturday, but he has vowed to go ahead with his event. He said lawyers have told him his right to burn the Koran is protected by the First Amendment whether he has permission from the city or not.

Muslims consider the Koran to be the word of God and insist it be treated with the utmost respect, along with any printed material containing its verses or the name of Allah or the Prophet Muhammad. Any intentional damage or show of disrespect to the Koran is deeply offensive.

The Vatican newspaper on Tuesday published an article in which Catholic bishops, including Archbishop Lawrence John Saldanha, of Lahore, Pakistan, criticized Jones' plan.

"No one burns the Koran," read the headline in Tuesday's L'Osservatore Romano.

Jones' plan has drawn formal condemnation from the world's pre-eminent Sunni Muslim institution of learning, Al-Azhar University in Egypt, whose Supreme Council accused the church of stirring up hate and discrimination, and called on other American churches to speak out against it. Last month, Indonesian Muslims demonstrated outside the U.S. Embassy in Jakarta, threatening violence if Jones goes through with it.

"Whenever there's a perception that America is somehow anti-Muslim, that harms our image and interests around the Islamic world," said Ibrahim Hooper, spokesman for the Council on American Islamic Relations, a Washington-based Muslim civil rights group that has worked to discredit Jones and counter his message. MITCH STACY (AP)

Backstory

Pastor Terry Jones, who has about 50 followers, first gained notoriety for posting signs in front of his small church proclaiming, "Islam is of the Devil."

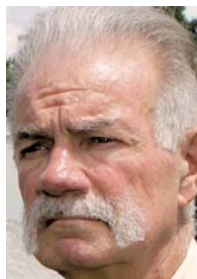
► **MAINSTREAM NOTICE:** His Koran-burning scheme, after it caught fire on the Internet, brought rebukes from Muslim nations and media interviews just as an emotional debate was taking shape over the proposed Islamic center near the ground zero site in New York.

► **LOCAL REACTION:** In Gainesville, a progressive town of 125,000 anchored by the University of Florida, the preacher is mostly seen as a fringe character who doesn't deserve the attention he's getting. Still, Christian churches, Jewish temples and Muslim organizations have mobilized to plan inclusive events to counter Jones. (AP)



"IMAGES OF the burning of a Koran would undoubtedly be used by extremists in Afghanistan — and around the world — to inflame public opinion and incite violence."

— GEN. DAVID PETRAEUS IN AN E-MAIL SENT TO THE ASSOCIATED PRESS.



"WE THINK it's time to turn the tables, and instead of possibly blaming us for what could happen, we put the blame where it belongs — on the people who would do it. And maybe instead of addressing us, we should address radical Islam and send a very clear warning that they are not to retaliate in any form."

— PASTOR TERRY JONES, WHO SAYS HE WOULDN'T BE TO BLAME IF THERE IS A BACKLASH IF HE BURNS THE KORAN AS PLANNED.

Study: Potomac Pollution Cut

Scientist says river is healthier now than it was in the 1950s

Washington

A new study finds underwater grasses in the Potomac River are rebounding as restoration efforts are cutting pollution in the waterway.

Grasses are a key habitat for many species and an indicator of waterway health.

The U.S. Geological Survey said Tuesday that coverage in the lower Potomac has doubled since 1990. The study by researchers from the USGS and England's Nation-



James Hall snags a catfish from the Potomac River at Hains Point in 2008.

al Oceanography Centre appears in the Proceedings of the National Academy of Science.

Researchers also found native plants had increased, with more than a dozen species now found in a stretch that was almost barren during a 1978-1981 USGS study.

USGS scientist Dr. Nancy Rybicki says the increases have occurred as cuts have been made in sediment and pollutants such as nitrogen from sewage.

"These conditions are actually better than they were in the 1950s. The portion of the Potomac that we're talking about was completely devoid of vegetation in the 1950s," Rybicki said. (AP)

The Lotteries

Tuesday, Sept. 7

District	
Mid-day Lucky Numbers	3-9-3
Evening Lucky Numbers (Mon.)	0-1-3
Mid-day DC 4	0-6-1-6
Evening DC 4 (Mon.)	6-1-1-9
Mid-day D.C. Five	3-8-2-2-5
Evening D.C. Five (Mon.)	7-4-6-9-8
Daily 6 (Mon.)	3-9-14-17-33-35 (19)

Maryland	
Mid-day Pick 3	9-0-7
Evening Pick 3 (Mon.)	6-4-8
Mid-day Pick 4	1-1-7-0
Evening Pick 4 (Mon.)	4-2-1-1
Match 5 (Mon.)	15-18-25-34-39 (16)

Virginia	
Mid-day Pick 3	5-2-1
Evening Pick 3 (Mon.)	7-3-5
Mid-day Pick 4	3-0-5-3
Evening Pick 4 (Mon.)	2-6-8-7
Mid-day Cash 5 (Tues.)	3-12-14-18-27
Evening Cash 5 (Mon.)	3-9-11-13-22
All winning numbers are official only when validated at a claims location. Drawings that occur after Express' deadline will be published two days later.	

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Suspect in Md. Shooting Case Turns Himself In

Bethesda

The suspect in a Tuesday morning shooting has turned himself in, Montgomery County police said.

Joshua Prince, 32, who police had been searching for after a shooting in Bethesda, turned himself over to police in Pennsylvania, where he had fled.

Police said the suspect allegedly fired a high-powered rifle at least once at his former girlfriend as she left her home in the Avalon at Rock Spring apartment complex Tuesday morning. She was not struck.

(THE WASHINGTON POST)

Red Line Trains Run at Reduced Speed for Work

Washington

Metro says five Red Line stations have reopened after holiday weekend track work, but trains will run at reduced speeds through the area.

The Takoma, Silver Spring, Forest Glen, Wheaton and Glenmont stations reopened Tuesday morning. The stations closed at 10 p.m. Friday so workers could replace two old track switches and install new tunnel safety lights and new track.

To help the new track adjust, trains will travel at reduced speeds between the Forest Glen and Takoma stations this week. (AP)

Va. Students Come Back to a Crowd



DAYNA SMITH/TWP

STUDENTS ARRIVE FOR THE FIRST DAY of school Tuesday at Annandale High School, Fairfax County's most overcrowded high school. Annandale has about 2,650 students, roughly 20 percent more than its designed capacity.

DC Rider

Can we get some AT&T cell service west of Rosslyn?!? Please?

— COMMENTER JOHN SINGER

Today's Question

Should Metro expand cell phone service availability to more rail stations in the transit system?

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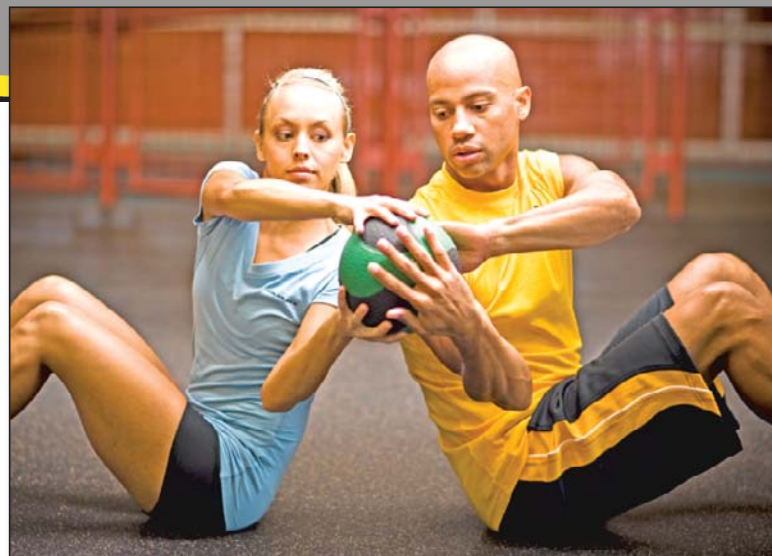
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The Once and Future Titan?

Redskins enter talks to send Haynesworth back to his old team

The Redskins

The Washington Redskins and the Tennessee Titans are in discussions about a trade of disgruntled defensive tackle Albert Haynesworth, people with knowledge of the negotiations told The Associated Press.

The people spoke to the AP Tuesday on condition of anonymity because the talks are confidential.

Washington signed Haynesworth to a \$100 million contract in 2009 as a free agent, and the tackle accepted a \$21 million bonus in April. It's been a nonstop battle of wills between Redskins coach Mike Shanahan and Haynesworth since then.

The Redskins' new regime has wanted to trade Haynesworth for some time, but no teams apparently were willing to offer the compensation the Redskins sought in exchange for a player who has already been paid \$32 million — including \$21 million on April 1 — for essentially one season. There has been speculation about how much money interested teams would have to send to the Redskins to help offset the money they have paid Haynesworth.

But NFL teams are prohibited from “trading money,” according to two people familiar with the situation. Teams cannot send any money to the Redskins to spur a trade.

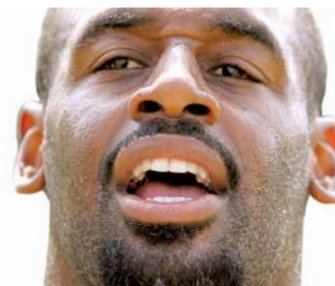
Moreover, the Redskins have repeatedly indicated they might be open to accommodating Haynesworth with a trade if he was willing to give back a portion of his signing bonus. But it is highly unlikely Haynesworth would give back any of the guaranteed \$41 million owner Daniel Snyder agreed to give him, especially with multiple team sources indicating Shanahan is highly frustrated with the ongoing Haynesworth drama and could be finally ready to make a move. So if the Redskins trade Haynesworth, it appears they would have to accept a huge loss on the contract he



TITAN ON TOP: In his final season in Tennessee, Albert Haynesworth had 8.5 sacks. Without the defensive tackle, the Titans had only 31 sacks in 2009 while Haynesworth slumped to four sacks in Washington.



DISGRUNTLED IN D.C.: Upset over a change to a 3-4 defense, Haynesworth didn't report to the Redskins until training camp. His performance has received mixed grades from coaches who are tired of the drama.



“We can’t win without Albert. He plays a major part on our defense, and everyone knows that.”

— DONOVAN MCNABB, DURING AN INTERVIEW ON ESPN980 ON TUESDAY, CLEARLY ADVOCATING THAT THE REDSKINS SHOULDN'T MOVE THE DEFENSIVE LINEMAN.

signed in February of 2009.

On the field, the team's handling of the star defensive linemen so far this week raises questions.

If Haynesworth is in the team's plans for the season opener against Dallas, as Shanahan seemed to indicate Monday, then why has he participated in so few plays during the first two days of practice?

Two team sources said Haynesworth had few reps during the practice sessions, which is highly unusual if the Redskins want him to be prepared to face the Cowboys.

Washington's locker room dealt with a new distraction every week last season. And Week 1 of this season already has a talking point that will overshadow Sunday's game for some.

“It's very distracting, but we try not to let it get to us,” linebacker Brian Orakpo said Tuesday afternoon. “Because we're tired of talking about it, Albert's tired of talking about it, [Mike] Shanahan's tired of talking about it. Everybody is. We want to move on to be a normal team in this league and not worry about individualism. ...We got a big game coming up, and we can't be worrying about No. 92 right now and all this speculation.” (AP/THE WASHINGTON POST)

Swengali

Redskins' Soap Opera Must End

The Redskins need to do something — anything! — with Albert Haynesworth. Trade him. Play him. Who cares at this point?

As sick as coach Mike Shanahan is of answering questions about his feud with Haynesworth, the media



are more tired of asking about this sideshow going on since May. You can only imagine what the players think.

What began as a standoff that allowed a new coach a chance to stand up to a malcontent has turned into a certifiable distraction days before the season begins.

The latest news is that Washington is trying to convince the Tennessee Titans to take back the headache

How's trading away the most talented defender going to improve production?

they let get away a year ago.

The Titans would probably love the chance to line up Haynesworth on their defense — if the price is right. Of course, Redskins owner Daniel Snyder would justifiably want a lot back in return for a \$100 million player.

So, we're stuck waiting to see whether either team is desperate enough to change its demands.

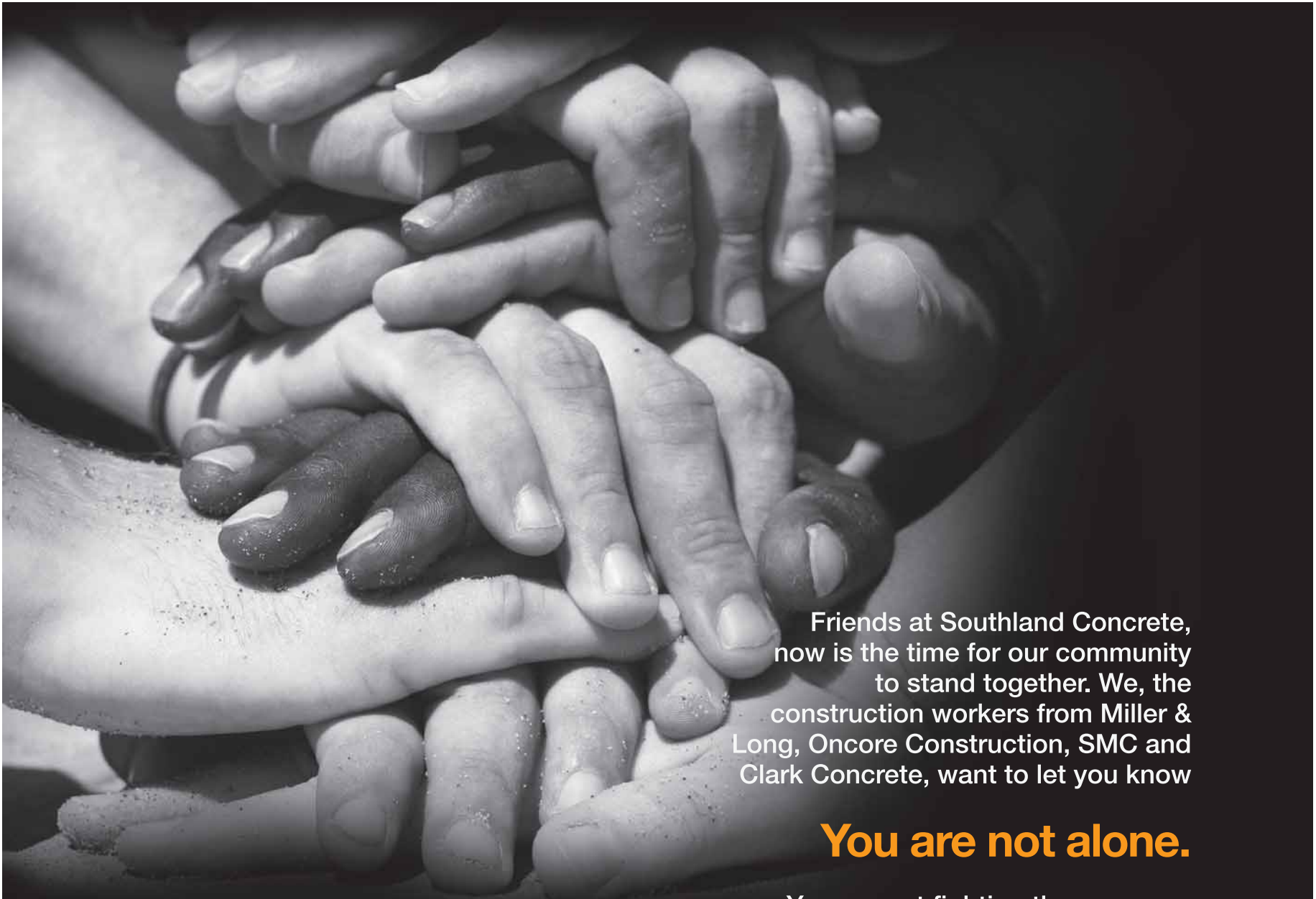
The big problem for the Redskins is that they are built to win now. How's trading away the most talented defender going to improve production?

If there were a rookie at quarterback, a trade seems like a no-brainer. That's not the case, though.

The fact that the team is in this mess is a clear sign that the days of mismanagement at Redskins Park may not be over after all.



To reach Matt Swenson, e-mail matt.swenson@readexpress.com



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Sports

Tiger Makes Cut for Ryder Cup

World's No. 1 golfer is captain's pick after a lackluster season

Golf

Tiger Woods is going to the Ryder Cup as a captain's pick with his 71 victories and 14 majors. So is 21-year-old Rickie Fowler, who has never won anything at all.

Corey Pavin made an obvious choice and a surprising one Tuesday morning at the New York Stock Exchange when he added Woods and Fowler, along with former major champions Zach Johnson and Stewart Cink, to an American team that will try to



Tiger Woods will be participating in his sixth Ryder Cup during the Oct. 1-3 event.

retain the cup.

The Ryder Cup is Oct. 1-3 at the Celtic Manor in Wales. The United States won two years ago at Valhalla, and will try to win for the first time overseas since 1993 at the Belfry.

This will be the sixth Ryder Cup team for Woods but the first in which he needed to be picked. Woods had finished first in the standings every time, including in 2008 when he spent the second half of the year recovering from knee surgery.

"It's great to be a part of this team," Woods said. "I'm honored to be selected ... and looking forward to going back and having a great time with the team and, hopefully, bring the Cup back."

The eight Americans who qualified after the PGA Championship were Phil Mickelson, Hunter Mahan, Steve Stricker, Jim Furyk, Matt Kuchar, Bubba Watson, Dustin Johnson and Jeff Overton. (AP)

TV Lineup

NATIONALS (12:30 P.M., MASN2)

There's nothing like a meaningless matinee between two non-playoff teams: the Nats and the Mets.

BASEBALL (7 P.M., 10 P.M., ESPN)

For games of some actual importance, check out the Red Sox hosting the Rays and the Dodgers battling the Padres.

TENNIS (11 A.M., 7 P.M., ESPN2)

Roger Federer faces Robin Soderling — who ousted Federer at the French Open — in the U.S. Open quarterfinals.

New Maryland AD Aims High

College Sports

The University of Maryland's new athletic director has lofty goals for himself and the school's 27 sports teams. Kevin Anderson, the first African American to hold the position at Maryland, was athletic director at Army before accepting the job in College Park. He takes over for Debbie Yow, who held the post for 16 years before leaving for North Carolina State in July.

During his formal introduction Tuesday, Anderson said he's

"demanding but fair." He says his vision is to take the program "from



Anderson

good to great." He spoke of teaming with school administrators and coaches to do "bigger and greater things."

Maryland football coach Ralph Friedgen, and basketball coaches Gary Williams and Brenda Frese were in attendance at the news conference. (AP)

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Big Win Adds Big Pressure for Boise State

College Football

Though Boise State's coach and players have grown accustomed to winning contests with high stakes, something about the postgame setting at FedEx Field seemed awkward Monday night.

Maybe it was the way the Broncos had to stand on the dais with their hands on their hips and their thigh pads rubbing against the folding table holding microphones several feet beneath them. There were no chairs for the victors to sit in, no respite even after defeating a top-10 opponent in the season opener and solidifying their unlikely role as national title contenders.

With a 33-30 win over No. 10



Boise State's Austin Pettis catches the game-winning touchdown on Monday night.

Virginia Tech under its belt, No. 3 Boise State's path to the Bowl Championship Series national championship game somehow simultaneous-

ly grew easier and more difficult. While it's true that the Broncos now own a signature victory, they know it's also true that the pressure

to remain unbeaten will grow exponentially as each week passes.

Given that Boise State does not hail from one of the six conferences that automatically earn BCS bowl berths, the Broncos possess no margin for error in their quest. For Boise State — a member of the Western Athletic Conference — loss No. 1 is the only one that matters, which is why Monday's high-profile affair widely was considered the Broncos' one-game season.


"The next game we play will also be another one-game season," Boise State senior cornerback Brandyn Thompson said. "Once you win the first one, now you've got to win the rest of them."

STEVE YANDA (THE WASHINGTON POST)

PENALTIES



Yahoo! sports is reporting that 2005 Heisman Trophy winner Reggie Bush is expected to be stripped of the award by the end of the month because of major NCAA violations. The former Southern Cal running back would become the first player in the 75-year history of the award to have the Heisman Trophy taken away. The report says the award would be left vacant for 2005. (AP)



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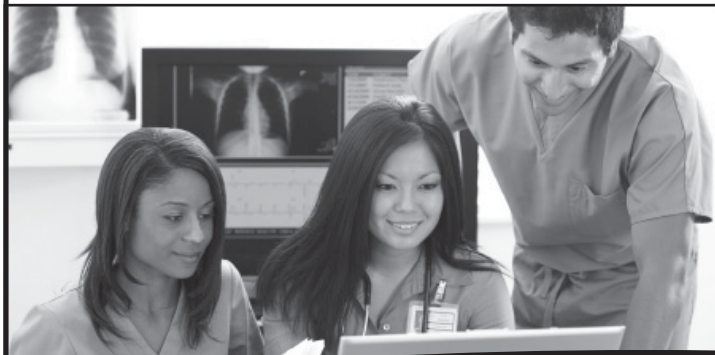
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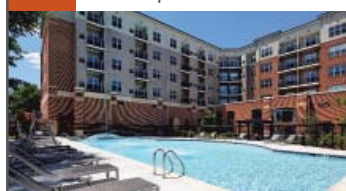
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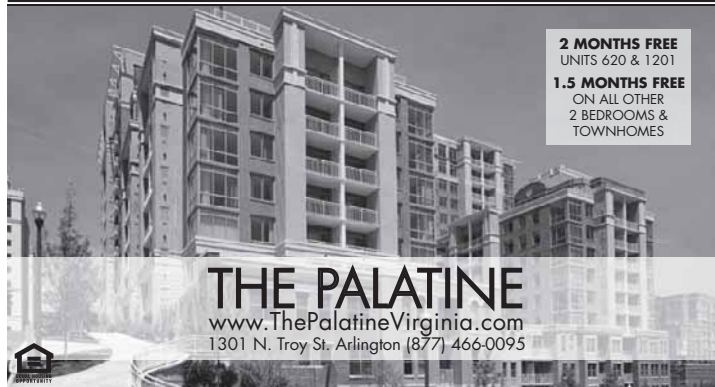
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Geek Philosophy

Ping

A social network for music

RYAN ANSON/GETTY IMAGES

Premature Ping

After a string of iHits that include the iPod, iTunes, the iPhone and the iPad, Apple appears to have whiffed with its newest offering, Ping. The social network for your music life was unveiled recently as a feature of the new iTunes 10. While I find appealing the idea of a service that combines



By
Kenneth
Terrell

your tastes with those of your friends to help you find new artists, I don't think Ping quite gets the execution right yet.

Not surprisingly, Ping's assessment of your musical tastes

heavily favors songs you've downloaded directly from iTunes, rather than those you listen to the most or rate the highest. Many top recording artists don't have their own page on Ping yet, apparently because Apple has to invite them formally. There's already an abundance of spam and scams on the Ping network. And, most importantly, a business disagreement between Apple and Facebook is keeping the two social networks from linking up, to the disadvantage of their mutual users.

All of these problems can be fixed, but it's still a sloppy start for a Steve Jobs-endorsed product. Whether anyone stays tuned to see whether Ping gets back on track is debatable.

She's Feeling the Beat

Robyn's second 'Body Talk' outing brings more catchy dance tunes, along with a little more emotional depth

Album Review

It's either ambitious or foolish for Robyn to release a trilogy of albums this year, despite the success of June's "Body Talk Pt. 1." Still, her newest installment, "Body Talk Pt. 2" (Cherrytree/Interscope), shows no wavering in quality. "Pt. 2" offers more of the same from "Pt. 1" — killer, catchy dance tracks with the same mini-album feel.

The obvious link between "Pt. 1" and "Pt. 2" is the song "Hang With Me,"

With the simple piano/string ballad "Indestructible," Robyn shows she doesn't need electro beats and bleeps to command attention.

which appeared on "Pt. 1" as a tender acoustic ballad but is re-imagined here as a dance number. The lyrics stay: She offers promises both sweet ("and if you do me right, I'm gonna do right by you") and cautious ("just don't fall recklessly, headlessly in love with me, 'cuz it's gonna be all heartbreak"). But the emotion behind them is completely different. The original is wrapped in a caring gentleness; the new version is much more carefree.

"Hang" isn't the only time on "Pt. 2" Robyn warns against love or shows a fiercely independent streak. "U Should Know



RANKIN PHOTOGRAPHY

Better" is an infectious track that features some of her most entertaining lyrics to date: "It's all ooh la la and ahh oui oui/ Sippin' vin blanc in our lingerie/Choppin' heads off with Madame guillotine/even

the French know better than to [expletive] with me."

It's also, not coincidentally, one of Snoop Dogg's greatest guest spots in recent history, as the two hover and flirt from line to line, sounding more

like a duet than his usual phoned-in-and-pasted verse. (We're looking at you, Katy Perry.)

"Pt. 2" is not without flaws. She drops a few awkward words in a rap segment at the end of "Include Me Out" (if even the Pussycat Dolls couldn't make the word "whatchamacallit" sound sexy, it probably can't be done), and the sterility of the robotic "We Dance to the Beat" saps out much of her charm and allure.

The most captivating moment on "Pt. 2" is the closer. With the simple piano/string ballad "Indestructible," Robyn shows she doesn't need electro beats and bleeps to command attention. Despite the strength its title implies, it isn't a girl-power anthem. The love song mirrors the fragility in her voice as she embraces her vulnerability: "I'm gonna love you like I've never been hurt before/I'm gonna love you like I'm indestructible."

It's almost impossible to see how she could flip this song onto the dance floor, but if she pulls the same trick she did with "Hang With Me," Robyn will be truly indestructible indeed. CATHERINE LEWIS



Body Talk
Pt. 2

Robyn

online
now

expressnightout.com ►► New York indie act Interpol takes a back-to-basics approach on its self-titled fourth album ►► The third season of U.K. teen drama 'Skins' makes Canada's 'Degrassi' look like child's play ►► Be heard! Vote for your favorite D.C. places, people and things at Expressnightout.com/bestof

@ Comments? Give Kenneth your feedback: expressnightout.com/geek

[Burger meister]



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Compiled by Fiona Zublin. For more upcoming events, follow the Top Stops blog at expressnightout.com/topstops.

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top
stops

1 Classical Lines

Modern minimalist composer Philip Glass has been in the music business a long time and has collaborated or become friends with just about every other artist you've ever admired. He'll talk about his life and work at the Corcoran on Thursday night and give you all the gossip on the art world in the 1970s. **Corcoran Gallery, 500 17th St. NW; Thu., 6:30 p.m., \$25; 202-639-1700, Corcoran.org. (Farragut West)**

2 More Love

After two stunning albums, Sharon van Etten's music is hardly a new discovery. It's a shame this incredibly talented folk-ish indie songwriter is stuck in the girl-with-a-guitar ghetto through no fault of her own. If she were a dude, she'd be more famous than Jack Johnson. **DC9, 1940 9th St. NW; 9 p.m., \$10-\$12; 202-483-5000, Dcnine.com. (U St.-Cardozo)**



3 How Can You Resist 'Em?

We've been waiting patiently during all the Journey tribute bands and Beatles tribute bands. Finally — finally! — an ABBA tribute band. We really wish they had a more awesome name than the Music of ABBA — seriously, they're not called the Super Troupers? — but as long as they bring the gold unitards, we'll be satisfied. **Rams Head Tavern, 33 West St., Annapolis; 8 p.m., \$40; 410-268-4545, Ramsheadtavern.com.**



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All the Presidents' Best-Sellers

Will George W. Bush's upcoming tome best his predecessors'?

Publishing

Already in distinctive company as an American president, George W. Bush seeks to join an even more select group: president AND top-selling author.

George W. Bush's book, "Decision Points," is set for release this fall by Crown Publishers. It's not an autobiography, Bush says, but an analysis of key moments in his life, from quitting drinking to invading Iraq.



George W. Bush's book, out this fall, is an analysis of major moments in his life.

Since the New York Times began its weekly lists of best-sellers in 1942, only six of the 13 com-

manders in chief have placed a book at the top spot for nonfiction — none while president.

Dwight D. Eisenhower and Barack Obama did it before they took office. Jimmy Carter and Bill Clinton did it after their terms. John F. Kennedy's "Profiles in Courage" took first place after his assassination, and an edited edition of Ronald Reagan's diaries reached No. 1 after his death.

Richard M. Nixon wrote 12 books. Harry Truman, Lyndon B. Johnson, Gerald R. Ford and George H.W. Bush also gave it a shot.

Presidential memoirs bring prestige to their publishers and can draw healthy sales. Yet they

are not known for stylistic prose or introspection. Self-serving to a fault, they tend to play down their authors' flaws and failings.

"Memoirs are a running start on legacy spinning," says Douglas Brinkley, a Rice University history professor. Rather than providing unique insights, such tomes can seem more aimed at bolstering fundraising for the presidential library, Brinkley says. "When you start having memoir ginned out by committee," he says, "it loses its intimacy and authenticity."

Obama will join his fellows soon: Crown has already signed him for a post-presidential work.

DOUGLASS K. DANIEL (AP)



TV Beat

'Lens' Love

The PBS series "Independent Lens" says **America Ferrera** will host its ninth season of documentary films. Ferrera follows past "Lens" presenters including Susan Sarandon, Terrence Howard and Edie Falco. PBS says she'll make her debut when the anthology series begins its new season on Oct. 19. (AP)



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TV tonight **lookout**

The Title's a Mystery

FX's new 'Terriers' is about detectives, not Westies or Scotties

Misleading Names

FX 10:00 Donal Logue ("Grounded for Life") returns to prime time in "Terriers," a detective series set in a deceptively sunny California that spends most of its time in the neighborhoods where you can smell the garbage curdling in the streets. Hank (Logue) is an ex-cop with a drinking problem who works as a freelance private investigator with Britt (Michael Raymond-James), a much younger man who shares Hank's shambling lifestyle and downward mobility.

In the pilot, an old, unreformed drinking buddy of Hank's asks them



Donal Logue brandishes ... a satellite dish? A megaphone? A wok? It's a mystery!

to find his missing daughter, and the search uncovers a trail of conspiracy, cover-ups, municipal fraud and murder.

Hank and Britt share an easy chemistry, but I haven't the slightest clue what the title is supposed to mean, except to figure they are small dogs who don't let go. A vague

title often indicates that a show hasn't sorted itself out, and the tone of "Terriers" does waver. I'm not sure whether it wants to be "Chinatown," "The Big Lebowski" or a down-market variation of "Burn Notice," but I'm willing to stick around for a while. **KEVIN MCDONOUGH** (UNITED FEATURE SYNDICATE)

Best Bets

TNT 9:00 **Dark Blue** The team goes after a home invasion crew with Alex and Carter acting as the bait and Ty on the inside, pretending to be a thief. Things go wrong when their quarry gets wind of the setup.

DSC 10:00 **Surviving the Cut** "Special Forces Diver" chronicles the grueling six-week training program known as the Special Forces Combat Dive Course. Only the best soldiers are chosen to be subjected to the most severe underwater conditions, but one in three won't make it through the training.

HIST 10:00 **Chasing Mummies** Zahi wants to see whether the long-forgotten Falcon Galleries can be restored as a new tourist destination, but he finds the place full of snakes and scorpions.

USA 10:00 **Psych** After they are approached by a U.S. government spy who begs them to clear her name of a crime she swears she didn't commit, Shawn and Gus (Dule Hill, left) find themselves caught up in a breath-taking hunt and chase.

BRAVO 10:00 **Top Chef** The remaining players travel to Singapore in part one of the first internationally based "Top Chef" finale. This round will determine who will move on to the final show. (TRIBUNE MEDIA)

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lookout travel

App Lets You Get Lost

iPhone's mTrip uses GPS, local reviews to highlight hot spots

The new iPhone application mTrip is a travel guide and then some: It uses the latest in smart phone technology to make it easier to stay on track in a foreign locale.

But isn't getting lost part of the fun of traveling? For me, yes. For others, maybe not.

So-called "augmented reality" became more widely available about a year ago and takes advantage of a smart phone's GPS and compass features, along with access to high-speed wireless networks, to mash up super-local Web content with the world that surrounds you.

It works like this: You turn on the application, hit the augmented reality button and then look through your phone's camera at



MTripTRAVEL GUIDES/AP

The iPhone app mTrip uses augmented reality to show you a city's highlights.

the Brooklyn Bridge or the Empire State Building. Icons pop up that show you other points of interest, or restaurants within a half-mile

of your location, whether the restaurant is open and what reviewers are saying about it.

The mTrip developers partnered with Sparks, a massive travel guide company, to provide content but also rely on user-generated reviews and suggestions. There's a spot in the app that allows you to send a new place back to mTrip for reviews and additions to its list.

The app also has something called mTrip genius, which works similarly to the genius feature in iTunes. You note whether you want more or fewer parks, religion or monuments, and it designs an itinerary for you.

Overall, I felt the app was a bit busy, but developer Frederic de Pardiou noted it's not necessary to use every feature offered.

"We give you options," he said. "You do with them what you like."

COLLEEN LONG (AP)

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Sharpen your knife skills to make meals taste better and keep your hands cut-free

Chop Talk

Does slicing an onion leave your kitchen looking like a “Transformers” battle scene? Do your fingers bear the scars of past dicing disasters? It might be time to brush up on your knife skills.

Learning the proper way to wield a blade helps reduce the stress some cooks feel when staring down a cutting board. Prep time goes faster, especially if you know the techniques for tackling a pepper or carrot. And the way you cut everything up can have a big impact on your finished product.

“When you read a recipe and it says to make a small or medium dice, you need to know what that means,” says Joe Raffa, head chef at Oyamel (401 7th St. NW; 202-628-1005) who periodically teaches knife skills classes at La Cuisine (323 Cameron St., Alexandria; 703-836-4435). “If you cut one vegetable an inch square and another a quarter inch, they’ll cook differently. Your dish won’t work out.”

So, if you want to cook like an Iron Chef, you must chop like an Iron Chef. And you won’t learn how by tuning into the Food Network. “The only way to get knife skills is to take a class or work in a professional kitchen where someone teaches you,” says Susan Holt, co-owner of D.C. cooking school CulinAerie (1131 14th St. NW; 202-587-5674). “It’s not intuitive. It’s like playing golf or a stringed instrument — you have to have someone show you the right way to do it.”

The right way includes the correct posture (stand up straight, cut at right angles) and hand placement (choke up on the handle and pinch the blade between curled index finger and thumb) needed to perform that rocking motion expert chefs do so easily.

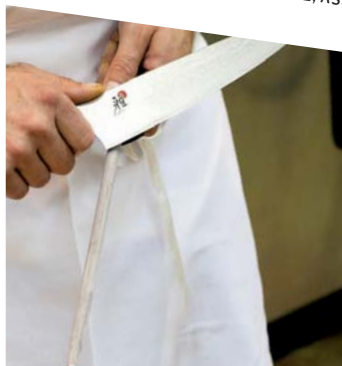
Students also learn safety tips to avoid slicing and dicing them-



THE CUTTING EDGE

“There’s a weird expression that you don’t choose the knife; the knife chooses you. We literally let you play with every single knife that’s around.”

— LUKE TAYLOR, ABOVE, ASSISTANT CULINARY PROGRAM MANAGER AT SUR LA TABLE AT PENTAGON ROW



On the Hone Front

To keep the edge of your blade straight, hone it against a knife steel at about a 25 degree angle. But don’t confuse honing with sharpening — that’s best kept to the pros.



Don’t Endanger Digits

If you leave the fingers of your non-cutting hand splayed out as you slice, you’re more likely to need an ER visit. Instead, curl your fingers under and watch where you dice.



Pinch the Knife

Grip your knife around the top of the blade, with your paw wrapped around the bolster of the knife. It takes getting used to, but you’ll have more cutting control.

LAWRENCE LUK

Knife Skills Classes

Hone your ability to mince, chop and debone at these upcoming local knife skills classes.

- La Cuisine (323 Cameron St., Alexandria; 703-836-4435, Lacuisineus.com): Check website for upcoming classes.
- Sur La Table (1101 S. Joyce St., Arlington; 703-414-3394): Basic knife skills classes on Sun. at 11 a.m.; Sept. 26 at 3:30; Sept. 28 at 11:30 a.m.; and Oct. 2 at 3:30 p.m. Classes \$59, reservations required.
- CulinAerie (1131 14th St. NW; 202-587-5674): Beginning skills, Sept. 18 at 2 p.m.; advanced skills Oct. 2 at 10:30 a.m. Each class \$85; reservations required.

to go. It’s mainly a matter of what feels good in your hand. “There’s a weird expression that you don’t choose the knife; the knife chooses you,” says Luke Taylor, assistant culinary program manager at Sur La Table at Pentagon Row (1101 S. Joyce St., Arlington; 703-414-3394), which also offers a knife skills class. “And that’s the good thing about taking classes — we literally let you play with every single knife that’s around.”

Expect to pay between \$100 and \$300 for a good chef’s knife, a necessity for any home cook. Get a high-quality honing steel to go along with it, then supplement that with less expensive paring, boning and serrated knives.

Once you’ve spiffed up your collection, care for it. Hand-wash knives, then store them on a magnetic wall holder or a drawer with covers over the blades. When they need to be sharpened, it’s best to let a pro do the job. La Cuisine and Sur La Table both do sharpening.

“Along with fire and maybe your favorite pot, knives are probably the most important tool in the kitchen,” says Raffa. “Knowing how to use a knife safely and efficiently will make the difference between cooking as fun and cooking as a stressful chore.”

And those onions won’t get the best of you anymore.

BETH LUBERECKI

selves. “I was holding my food with my fingers sticking out instead of curled underneath,” says Kimberly Boyles, 50, an Alexandria analyst and past student at La Cuisine. “I

haven’t cut myself as much since taking the class.”

Once you have the skills, you’ll need the right supplies. So, ditch that el cheapo Ikea Slipad knife

set you bought right out of college for better blades. For some, that could mean a German carbon steel knife. For others, super-sharp Japanese ceramic knives are the way

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"Prostitution will just move to another site, one much less monitored. And until the authorities find that one, there will be no one to stop illegal activities."

COMMENTER TOM

"No. Prostitution is not going away just because Craigslist is not listing adult services."

COMMENTER ANOTHER PERSON

"I think it will indeed have an impact — though not by much and not for long."

COMMENTER JJH

SEE HOW YOUR METRO STATION VOTED AT WWW.EXPRESSNIGHTOUT.COM

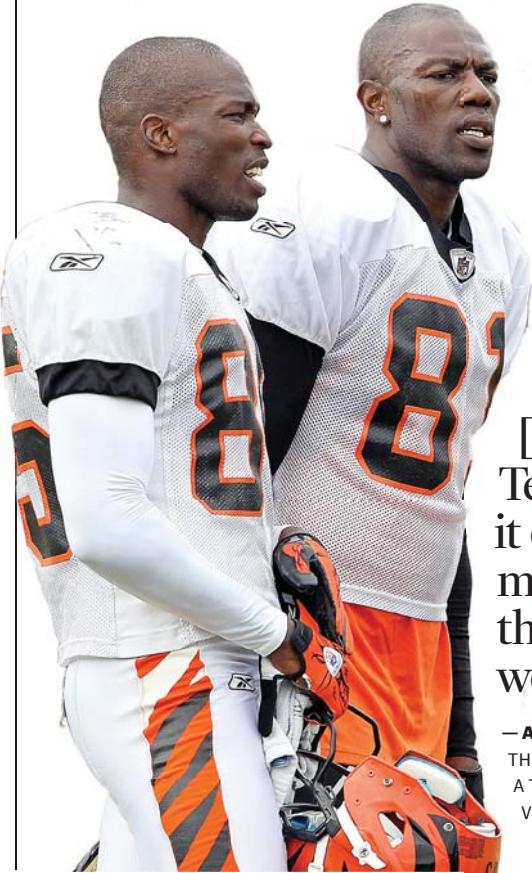
"It's not so much an irony as it is appropriate for the global warming huckster that flies around the planet on private jets and lives in a home that consumes 45 times the energy of the average American home while warning us of our energy usage and its ill effect on our planet for a school named after him to be built on a toxic dump."

—THEBLOGPROF.BLOGSPOT.COM FINDS IT UNSURPRISING THAT CARSON-GORE ACADEMY OF ENVIRONMENTAL SCIENCES WAS BUILT ON A LOCATION THAT REPORTEDLY POSES A LONG-TERM HEALTH RISK TO STUDENTS AND STAFF.



"This is the most romantic moment we've seen on television in a long time, once you get over the fact that half of the participants aren't human."

— MEDIAITE.COM FOUND IT ADORABLE WHEN JERRY LEWIS KISSED HIS CHIHUAHUA DURING THE ANNUAL LABOR DAY MDA TELETHON.



"If you're still unsure whether there's enough room in one huddle for [Chad] Ochocinco and Terrell Owens, let me spell it out for you: It doesn't matter. Neither one of them seems particularly worried about football."

— AWFULANNOUNCING.COM REACTS TO NEWS THAT THE TWO CINCINNATI BENGALS WILL BE APPEARING ON A TV PROGRAM CALLED "THE T.OCHO SHOW," TO AIR ON VERSUS.

"Maybe this is a prelude to the big 'Google Search Event' that takes place [Wednesday]. I don't know. I suspect they will clue us in at that event."

— SEROUNDTABLE.COM THINKS THE SECRET BEHIND GOOGLE'S INTERACTIVE DOODLE TUESDAY WILL BE REVEALED AT THE SAN FRANCISCO MUSEUM OF MODERN ART FUNCTION.



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puzzles lookout

Horoscope

VIRGO (Aug. 23-Sept. 22) You'll find yourself racing against the clock, and yourself in a way, and not so much against a rival who is not as in the picture as he or she was before.

LIBRA (Sept. 23-Oct. 22) It's likely to be more difficult to communicate the simple things to those around you. Some people think they know better, and that's a tough nut to crack.

SCORPIO (Oct. 23-Nov. 21) A question of policy arises that has you wondering whether you are on the right track. Others are being served, but are you serving yourself enough as well?

SAGITTARIUS (Nov. 22-Dec. 21) Your interest in the new and untried leads you down a path that could be fraught with danger, but it all depends on whether you overreact to what comes.

CAPRICORN (Dec. 22-Jan. 19) Do not get upset about things you can't control. You want everything to be in its place, but you may have to improvise a bit to accommodate something missing.

AQUARIUS (Jan. 20-Feb. 18) You take no satisfaction in work or play unless you are applying yourself fully. It's not enough to show off your talents; you want to develop them more.

PISCES (Feb. 19-March 20) You may catch a glimpse of something (or someone) that you would like to claim for your own, but the dream and the reality may be utterly irreconcilable.

ARIES (March 21-April 19) Your reliance on technology may be challenged as things begin to fail all around you. You must react appropriately.

TAURUS (April 20-May 20) You don't want to be running in circles, but you haven't made a concrete decision about which path to take. Pause and look around; the answer is in front of you.

GEMINI (May 21-June 20) What begins as a sure thing may spawn doubts as the day progresses, mostly because you are sensing you're not following your instincts as you should.

CANCER (June 21-July 22) A creative endeavor gets a big boost when someone important voices his or her approval. Very soon you may be receiving more tangible support in the way of good, hard cash.

LEO (July 23-Aug. 22) You've started something big, but it's not your job to be at the center of it anymore. You must be willing to step aside and let others bask in the spotlight for a while.

Scrabble Grams

PAR SCORE 145-155, BEST SCORE 203

E ₁	A ₁	O ₁	N ₁	R ₁	T ₁	H ₄

1st Letter Triple

--

RACK 1

A ₁	E ₁	E ₁	D ₂	P ₃	R ₁	B ₃

--

RACK 2

A ₁	E ₁	L ₁	W ₄	T ₁	N ₁	L ₁

--

RACK 3

A ₁	U ₁	R ₁	R ₁	L ₁	G ₂	B ₃

Double Word Score

--

RACK 4

Yesterday's Solution

T ₁	E ₁	M ₃	B ₃	L ₁	O ₁	R ₁
P ₃	I ₁	Q ₁₀	U ₁	A ₁	N ₁	T ₁
L ₁	O ₁	G ₂	B ₃	O ₁	O ₁	K ₅
S ₁	K ₅	E ₁	T ₁	C ₃	H ₄	

PAR SCORE 150-160

RACK 1 = **63**
 RACK 2 = **86**
 RACK 3 = **64**
 RACK 4 = **15**
 TOTAL **228**

FOUR RACK TOTAL

Make a 2-7 letter word from the letters in each row. Add points of each word using scoring directions at right. 7-letter words get a 50-point bonus. Blank tiles used as any letter have no point value. Scrabble is a trademark of Hasbro in the U.S. and Canada.

Sudoku

MEDIUM

		3	2		1			4
4								
			5		8	9		3
	7			1				
		1	3	2	4	6		
					8		4	
9			2	6		3		
								6
		8		9		5	2	

Yesterday's Solution

8	9	3	6	7	5	2	1	4
2	4	6	9	3	1	8	7	5
5	7	1	2	4	8	9	3	6
7	2	8	3	1	4	5	6	9
3	5	9	7	2	6	4	8	1
6	1	4	8	5	9	7	2	3
4	8	7	1	9	3	6	5	2
1	6	5	4	8	2	3	9	7
9	3	2	5	6	7	1	4	8

Need more Sudoku?
Find another puzzle in the Comics section of The Post every Sunday and in the Style section Monday through Saturday.

© PUZZLES BY PAPPOCOM

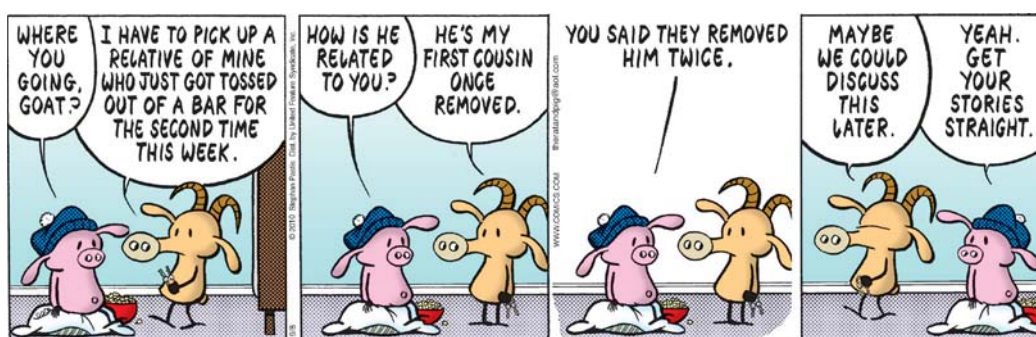
Comics

FIND MORE COMICS AT EXPRESSNIGHTOUT.COM

POOCH CAFE | PAUL GILLIGAN



PEARLS BEFORE SWINE | STEPHAN PASTIS



Forecast



89 | 61

Today: A shower or thunderstorm in spots this morning. Clear tonight.



78 | 59

Tomorrow: Breezy and not as warm tomorrow with sunshine. Clear tomorrow night.

Looking Ahead



FRI



SAT



SUN

78 | 61 84 | 68 84 | 68

Sun and Moon

Sunrise today: 6:43 a.m.
 Sunset today: 7:28 p.m.
 Moonrise today: 6:54 a.m.
 Moonset today: 7:18 p.m.

Almanac

Normal high: 82
 Record high: 104
 Normal low: 65
 Record low: 46

FORECAST BY ACCUWEATHER.COM ©2009

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STILL DEPRESSED?

Adult Major Depression Research Study: Novel Medication

If you (or someone you know) have been diagnosed with major depression, you may be able to participate in a National Institute of Mental Health research study investigating a novel medication. This treatment study is studying if a research medication can produce a rapid reduction of depressive symptoms in patients with treatment-resistant major depressive disorder.

This 7-week inpatient study is conducted at the NIH Clinical Center in Bethesda, Maryland, and compares the medication to a placebo (inactive salt solution). After completion of the study the participant will receive short-term treatment to transition back to the community. In addition, all research participation is without cost.

Those eligible to participate must:


- Be ages 18-65
- Have been diagnosed with major depression
- Have taken two antidepressants that did not help

For further information on participation, please call


1-877-MIND-NIH (1-877-646-3644)

e-mail: moodresearch@mail.nih.gov (TTY: 1-866-411-1010)

<http://patientinfo.nimh.nih.gov> Adult Depression 09-M-0240



National Institute of Mental Health
National Institutes of Health, Department of Health & Human Services
www.clinicaltrials.gov



NIH
National Institute of Mental Health

Healthy Volunteers 21 - 45 Years Old Needed!



The National Institute of Mental Health at the National Institutes of Health in Bethesda, MD is conducting an outpatient research study exploring the effects of hormones on mild stress.

The study requires 3 outpatient visits lasting 3 to 4 hours each. Volunteers will be interviewed and will complete a series of tasks in which physiological functioning will be recorded. Volunteers will receive either a hormone or saline, both given as a nasal spray, and then be exposed to stimuli that may cause mild anxiety.

For more information
please call:

1-800-411-1222
TTY: 1-866-411-1010

Se habla español
<http://clinicaltrials.gov>
Refer to study
02-M-0263



The National Institute of Mental Health
National Institutes of Health
Department of Health and Human Services

You may be eligible to participate, if you:

- are 21 to 45 years old
- are not taking any medications that affect the nervous system
- are in good physical and mental health

You may not be eligible to participate, if you:

- have a medical illness, psychiatric or neurological disorder
- have problems with your wrists or hands
- are pregnant or breastfeeding

Location of study:

- Study is conducted in Bethesda, Maryland, accessible by metro via the Red Line (Medical Center stop).

All study-related tests and medications are provided at no cost.

Participants are compensated.

lookout puzzles

Crossword

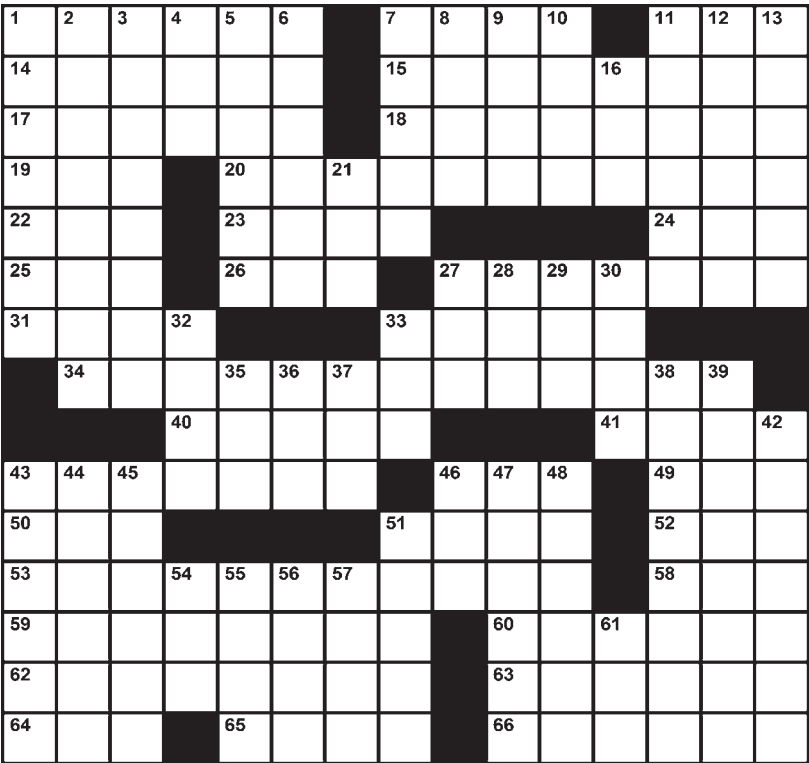
RABBIT TRANSIT

ACROSS

- 1 Slacker's shoe?
7 Chief Norse deity
11 "Whether ____ nobler in the mind ..." (Hamlet)
14 Polished and suave
15 Boring voice
17 "Rock the ____" (hit song by the Clash)
18 Lay claim to
19 "The Addams Family" cousin
20 Least amount to Yogi?
22 "One ____ the money ..."
23 Chemistry rooms
24 Suffix for "prop" or "meth"
25 Chapter in history
26 Old word meaning "before"
27 Whipped up butter
31 Asian staple
33 Concentration thwarter
34 Gibberish from a river creature?
40 Defibrillator operator's call
41 Lady of Brazil
43 Eastwood TV series of old
46 Auto additive
49 Broadcast-regulating gp.
50 "These ____ the times that ..."
51 Window part
52 "... a little tom-____sang ..."
53 AWOL wildcat?
58 Act human, according to a proverb
59 Droid X maker
60 Right this minute
62 Shrouded in mystery
63 Razes
64 Lion's place
65 Kemo ____ (the Lone Ranger)
66 Rubbernecks

DOWN

- 1 Satan
2 Handel's "Messiah," e.g.
3 Like some art
4 Fantastic, in Beatlemania
5 Empower
6 Judge again, as a case
7 Sharif and Khayyam
8 Coed's quarters
9 Crucifix inscription
10 Time to draw?
11 Everyone, without exception
12 Harmonically perfect
13 Appeared to be
16 ____ Friday's (restaurant chain)
21 Moniker of one on Mount Rushmore
27 Prison inmate
28 ____ and hers
29 Employ for a purpose
30 Rip apart
32 Use acid for artistic

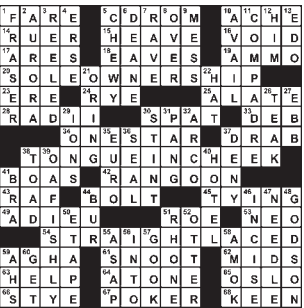


EDITED BY TIMOTHY E. PARKER

- purposes
33 Word between "here" and "there"
35 Wallach of "The Good, the Bad and the Ugly"
36 Wine variety
37 "No" to Rob Roy
38 Laundry detergent additive
39 Completely surround
42 Woman onstage
43 Broad-sided
44 In a melodic style
45 "I'm Henery the Eighth, I Am" composer R.P.
46 "Don we now our ____ apparel ..."
47 Historical records
48 Group of six
51 Come in second, at the track

- 54 Barfly
55 States of anger
56 Writer/director Ephron
57 Talkative
61 Caesar's eggs

Yesterday's Solution



Today in History

1504 Michelangelo's towering marble statue of David is unveiled to the public in Florence, Italy.

1935 Sen. Huey P. Long, D-La., "The Kingfish" of Louisiana politics, is shot and mortally wounded inside the Louisiana Capitol in Baton Rouge.

1974 President Gerald R. Ford grants an unconditional pardon to former president Richard Nixon.

express



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expressnightout.com

PADDING**Express Editor Struggles To Make a One-Sentence Story Fill a Paragraph**

Playboy is offering outtakes from Kim Kardashian's 2007 nude photo shoot to members of its Cyber Club, according to Radaronline.com. "The 29-year-old has never looked better," wrote the unnamed Radar reporter. "I gotta say the two I saw were freaking on fire," said some random blogger who viewed the photos. (EXPRESS)

**PHILOSOPHY****Minor Celebrity's Quote Raises Questions of Free Will vs. Divine Intervention**

Niecy Nash is engaged to boyfriend Jay Tucker, she told "Entertainment Tonight." "I cannot believe that God has been this kind that he would gift me this man," said the "Clean House" host and former "Dancing With the Stars" contestant. "Falling in love was the easy part; planning a wedding — yikes!" she added. (EXPRESS)



FREDERICK W. BROWN/GETTY IMAGES

Determinism is another fine option.

Weirdo Watch**Human Flesh: Her Final Frontier**

Lady Gaga is sporting raw meat on the cover of Vogue Hommes Japan, Radaronline.com reported. "Lady Gaga's job is to do outlandish things, and this certainly qualifies because meat is something you want to avoid putting on or in your body," sniped PETA's president. (EXPRESS)



ANDREI JACKAMETS/BRavo

"You haven't seen the last of me! 'Celebrity Rehab,' here I come!"

UNEMPLOYED**Fame Over :-(**

Bravo announced Monday that Danielle Staub, the troublemaker on "The Real Housewives of New Jersey," will not be returning for the show's third season. "The reunion was Danielle's last appearance," said Andy Cohen, the Bravo VP who also hosts "Housewives" reunion specials. Staub made an attempt to salvage her relationship with the other four Housewives at the special's end: "We thought the hugs were a great way to end two seasons of bitterness between the women," Cohen said. (AP)

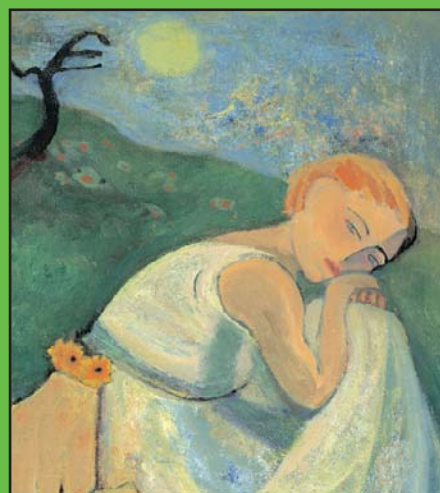
**BICKERING****Penn Camp Smites Inferior With Aggressive Whining**

Wyclef Jean and Sean Penn continue to feud over Jean's desire to be president of Haiti, Usmagazine.com reports. "Maybe he ain't see me in Haiti because he was too busy sniffing cocaine," Jean said at a concert. "That Mr. Jean would make such a false accusation is reckless and saddening," said Penn's rep. (EXPRESS)

"Warning: to anyone who is thinking about getting their ears pinned, I learned after the fact it is the most painful surgery a person can get."



— **HEIDI MONTAG**
TWEETED ABOUT HER LEAST-FAVORITE OF THE 10 SURGERIES SHE UNDERWENT IN ONE DAY IN '09. IT'S ALSO KNOWN AS OTOPLASTY.



© Artwork by Donna Buoniccontini

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